

INSURANCE WAIVER

I am either a participant or a member of the support team for all or part of the Slí Cholmcille Pilgrimage event (“the Event”) due to take place on the 9th - 16th July 2023 (inclusive). By signing the event registration schedule I confirm that I understand and accept that I am bound by the following form of waiver and indemnity.

I HEREBY ENTIRELY ASSUME THE RISKS OF PARTICIPATING IN THE EVENT OR ACTING AS PART OF THE SUPPORT TEAM.

I certify that I am physically fit and have sufficiently trained for participation in this event and have not been advised against participation or against assisting with the event by a qualified health professional. I acknowledge that my statements are being relied upon by the event organisers/participants, members of the support team and others in permitting me to participate in the event or to be part of the support team.

In consideration of allowing me to participate in the event or to be part of the support team, I hereby confirm on behalf of myself, my executors, administrators, heirs, next of kin, attorney(s), successors and assigns, or anyone else who may be entitled to claim or sue on my behalf the following;

- a) I agree that prior to participating in the event or agreeing to assist with the running of the event I have inspected details of the course route or I have otherwise familiarised myself with the course route, facilities, equipment, and areas to be used and I believe that same are all safe.
- b) I agree and acknowledge that participation in or assisting with the event could constitute a risk of serious injury to myself, including permanent paralysis or death.
- c) I voluntarily and knowingly acknowledge that I am physically fit and able to partake in or assist with the running of this event.
- d) I acknowledge that I will obey any rules or guidelines as may be applicable to the event including the document headed **“Safety Information for the Slí Cholmcille 2023”**.
- e) I agree that I am entirely responsible for my own safety.
- f) I agree to abide by the Rules of the Road whilst traversing all public or private roads.
- g) I agree to obey all reasonable requests or directions given by the event organisers.
- h) I accept that all members of the support team and the event organisers are Volunteers.
- i) I irrevocably waive, release and discharge from liability for any and all claims, losses, or liabilities for death, personal injury, partial or permanent disability, property damage, medical or hospital bills, theft, or damage of any kind, including economic losses, that may arise out of or that may be related to my participation in or my traveling to and from the event or staying in any overnight accommodation arranged for me or with any assistance I have given in the running of the event. I acknowledge that this waiver shall apply to and is for the benefit of the event organisers/participants as set out below, all organisations or entities associated with the event, all members of the support team identified in the event registration schedule, the officers, employees, representatives and agents of any of the foregoing even if such claims, losses, or liabilities are caused by the negligent acts or omissions of all such persons or entities or are caused by the negligent acts or omissions of any other person or entity.

j) I acknowledge, that there may be traffic or persons on the course route or in the prearranged event accommodation and I voluntarily assume the risk of participating in the event or staying in the accommodation and/or acting as a member of the support team and I also assume any and all other risks associated with participating in the event including, but not limited to falls, effects of weather including heat, cold and/or humidity, defective equipment, risks associated with the condition of all roads/walking routes/paths/fences/gates/obstructions/hazards forming part of the route, water hazards and any hazard that may be posed by spectators or members of the support team or other participants or other users of the route. All such risks being known and appreciated by me, I further acknowledge that these risks include risks that may be the result of the negligence of the persons or entities mentioned above in paragraph (i) or of other persons or entities.

k) I agree not to sue any of the persons or entities mentioned above in paragraph (i) for any of the claims, losses, or liabilities that I have waived, released, or discharged herein.

l) I indemnify and hold harmless the persons or entities mentioned above in paragraph (i) from any and all claims made or liabilities assessed against them as a result of: (i) my actions or inaction's: (ii) the action's, inaction's or negligence of others including those parties hereby indemnified: (iii) the conditions of the facilities, equipment or areas where the event or activity is being conducted: (iv) the event rules or event guidelines ; or (v) any other harm caused by occurrence related to the event.

m) I grant permission for the use of my name and / or likeness relating to my participation in the event, and I waive all rights to any future compensation to which I may otherwise be entitled as a result of the use of my name or likeness.

n) I accept that no medical assistance will be provided by the support team and that the support teams role is limited to assisting the participants navigate the course and the event is otherwise self supported. For the avoidance of all doubt I acknowledge that no medical cover whatsoever is being provided as part of the event support and it is my responsibility as a participant (if applicable) to monitor my own state of general health, wellbeing, nutrition and hydration and to instruct the support team to alert the emergency services where necessary otherwise than in circumstances where it is immediately obvious that the emergency services should be alerted and I am not in a position to do so (i.e.serious accident, loss of consciousness etc.)

o) I give permission and consent to the taking and use of photographs and/or video footage in which I may feature during the event and I understand that these may be used for promotion by the event organisers.

p) For the full duration of my participation in the event or of acting as a member of the support team I acknowledge that I am a recreational user of all public and private lands forming part of the event route within the meaning of the Occupiers Liability Act 1995.

q) I acknowledge that the Laws of Ireland (Republic of Ireland) shall apply to the event and the interpretation of this waiver and indemnity.

r) I affirm that I have read this document, and I understand its contents.